



Left: ARC entrance  
Above: "Clements" Auditorium

The original building opened in 1971. The Activities and Recreation Center (ARC) opened in August 2008 as one of the largest on-campus recreation facilities in the country.

### Background

Construction Start: March 17, 2006  
 Projected Opening: August 2008  
 Project Size: 340,000 gross square feet (gsf)  
 Dry Side: 276,000 gsf  
 Wet Side: 64,000 gsf  
 Project Cost: \$54 million  
 Access: Current students, members, guests  
 Wi-Fi: Wireless internet access throughout  
 Accessibility: Fully accessible

### Aquatic Facilities

Indoor Pool (22,907 sq ft; 50M x 25yds)  
 Diving well  
 Sauna  
 Wet Meeting Room  
 Safety Lifeguard Center  
 Outdoor Pool (36,058 sq ft; 50M; 4 lanes)  
 Diving well  
 Sun deck  
 Safety Lifeguard Center

### Recreational Facilities

Gymnasium 1 (35,780 sq ft)  
 5 basketball or 7 volleyball courts  
 1 MAC Gym  
 Day lockers  
 Gymnasium 2 (14,859 sq ft)  
 2 basketball (94'x50') or 3 volleyball courts  
 2 scoreboards  
 Day lockers  
 Gymnasium 3 (15,012 sq ft)  
 2 basketball (94'x50') or 3 volleyball courts  
 2 scoreboards  
 Day lockers  
 Gymnasium 4 (19,219 sq ft)  
 3 basketball or volleyball courts  
 3 scoreboards  
 Day lockers

### Strength & Conditioning Areas (34,000 sq ft)

Free weights with rubber floor  
 Cardio/selectorized equipment with carpet  
 Control desk  
 Day lockers

### Member Services Area

Equipment checkout  
 Laundry  
 3 Individual staff offices  
 Camera security system

### Racquetball/Squash Courts

12 racquetball courts - 4 w/glass back walls (9,600 sq ft)  
 3 squash courts (1,212 sq ft)  
 Day lockers

### Walking/Jogging Track

5 laps per mile  
 3 lanes (each lane 3.3' wide)  
 Mondo surface

### Specialty Areas

Student Organizations Room (1,391 sq ft)  
 150-person "Clements" Auditorium (2,608 sq ft)  
 Group Cycling Room (1,049 sq ft)  
 Instructional Kitchen (616 sq ft)  
 Personal Training Room (960 sq ft)  
 Climbing Wall (34 ft high)  
 Wellness Center (3,290 sq ft)  
 Meeting Room (236 sq ft)  
 Meeting Room (354 sq ft)  
 Meeting Room (682 sq ft)  
 Courtside Café  
 BodyWork Associates

### Family Changing Room (424 sq ft)

2 changing/shower stalls  
 8 day lockers

### Locker Rooms

Men's locker room (8,910 sq ft)  
 Women's locker room (8,910 sq ft)  
 Varsity swimming locker room (1,175 sq ft)

### Multi-Purpose Rooms

Multi-Purpose Room 1 (2,740 sq ft)  
 Multi-Purpose Room 2 (2,651 sq ft)  
 Multi-Purpose Room 3 (696 sq ft)  
 Multi-Purpose Room 4 (1,869 sq ft)  
 Multi-Purpose Room 5 (1,867 sq ft)  
 Multi-Purpose Room 6 & 6A (6,180 sq ft)  
 Multi-Purpose Room 7 & 7A (3,960 sq ft)  
 Combat Room (2,391 sq ft)  
 Storage closets  
 Day cubbies

### Administrative Office Space (5,413 sq ft)

21 Individual staff offices  
 Conference Room 1 (345 sq ft)  
 Conference Room 2 (692 sq ft)

### Winter Garden Entrance (9,314 sq ft)

3 LCD flat screen televisions  
 Study/group work tables  
 Email stations  
 ATM  
 Couches



Above: View of ARC's Gym 4 (3 courts), elevated running track, and Winter Garden.