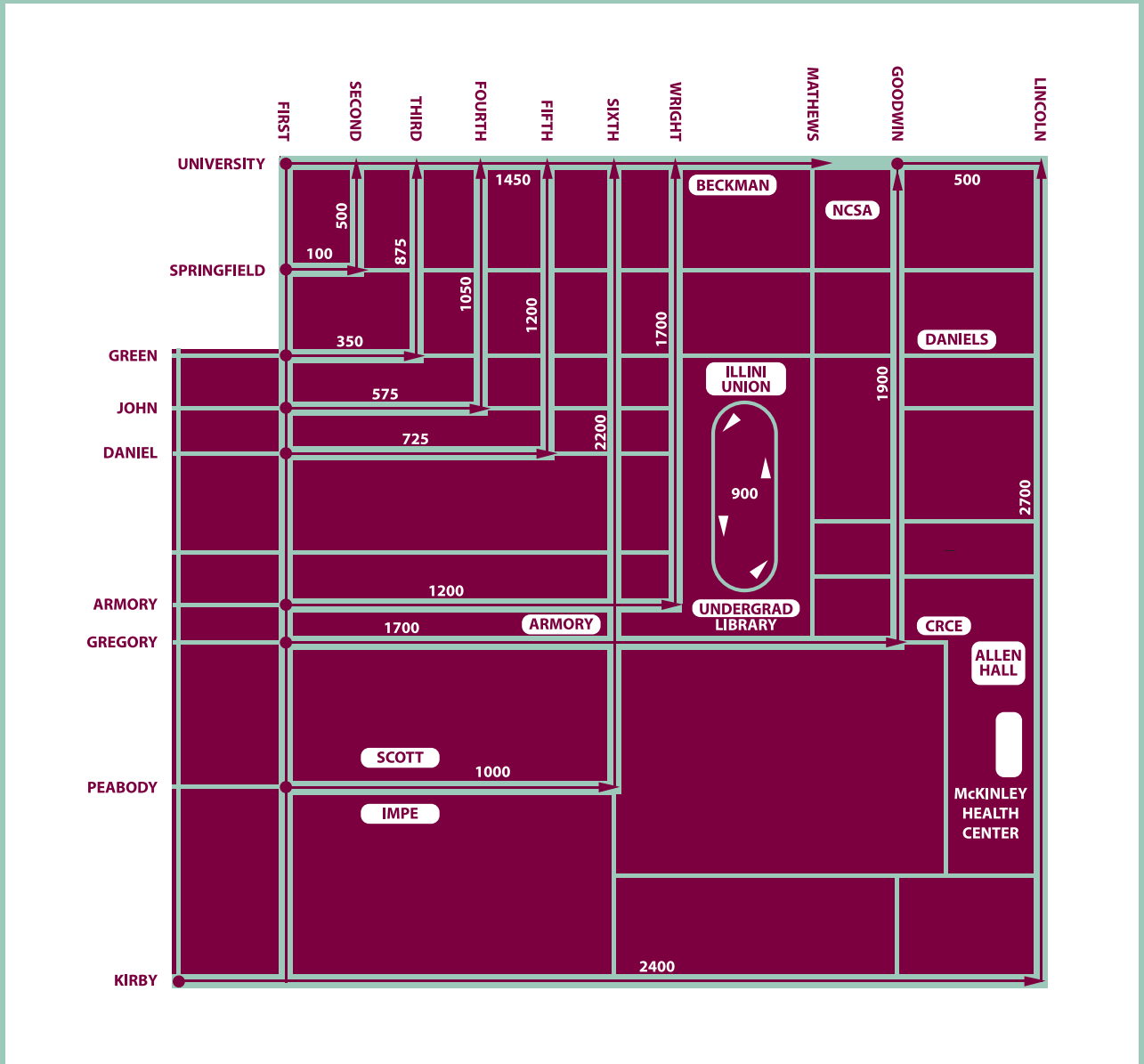


Campus Walking Routes

FOR THE GREATEST HEALTH BENEFITS, WALKING AN AVERAGE OF 10,000 STEPS PER DAY IS RECOMMENDED.

10,000 STEPS PER DAY



ADDITIONAL ROUTES	NUMBER OF STEPS
ILLINI UNION ➔ BECKMAN	950
ALLEN HALL ➔ ARMORY	1500
SCOTT HALL ➔ UNDERGRADUATE LIBRARY	2250
DANIELS HALL ➔ NCSA	1050
IMPE ➔ UNION	1800
IMPE ➔ MCKINLEY HEALTH CENTER	1800
IMPE ➔ CRCE	1800

