

Campus Recreation Advisory Committee

Minutes

Tuesday, October 28, 2008

4 PM, Large Conference Room, ARC

Attendees

CRAC Members: Becki Galardy, Scott Havlir, Kenneth Wang

Professional Staff and Interns: Gary Miller, Tessa Hile, Jayne DeLuce, Janet Kroencke, Rich Weston, Jacqui Iorio, Ashley Rodriguez

Guests: Bill Williamson

Missing Members:

1. Health and Wellness Showcase, BodyWork Associates, New Trips – Jayne DeLuce, Associate Director

- ❖ The Health and Wellness Showcase was a great success! It was a collective effort to display the 6 dimensions of wellness; there were various exhibitors, including nontraditional demonstrations by the library and Wii sports. There were about 1500 attendees at this event, ranging from children to retirees; this was a great way to get the community onto campus and into the facility. The future logistics of this event are to-be-determined; potential changes include the host group and time frame of event.
- ❖ BodyWork Associates is a contracted vendor from within the community. This is their fourth location – second on campus, and there are also two in the community – and there are three therapists that are assigned to the ARC. The prices are cheaper on campus, as they are geared towards students. BodyWork has donated its services for several events, such as at the Health and Wellness Showcase and at the Business Career Fair. They are in the process of establishing business hours through examining trends of usage. Campus Recreation collects a monthly fee from BodyWork Associates for their presence in the facility.

- ❖ There are many new trips that have been planned through Campus Rec. A company out of Idaho, called Northwest Voyagers, contacts these trips – all of which have varying levels of extremism, activities, targeted groups, etc. We found this organization through the Alumni Association, which therefore gives confidence about the positive track record. In planning the trips, students provided suggestions for activities they would be interested in and when they would want to go. Beneficial aspects of these trips include: everything is planned for you, you are given access to unique sites, liability insurance is taken care of upon signing up and they are positive networking opportunities. The newer programs require a greater marketing push because there has been a tendency to focus on the new building, rather than new programs. Likewise, the numbers are small for sign-ups, but we believe the larger numbers will occur for spring break and as we make a bigger push to get the word out.

2. Adventure Recreation – Rich Weston, Coordinator for Adventure Recreation

- ❖ “Outdoor Recreation” has been changed to “Adventure Recreation” in order to stay up-to-date with changing trends and times. Likewise, this is now housed out of the ARC, as opposed to the Outdoor Center.
- ❖ There have been many changes to diversify activities and users, such as through the addition of the climbing wall. The first four months of the opening were very hectic, but Adventure Recreation was able to open safely and on time. Thus far, the climbing wall has served many groups, including: birthday parties, University Housing events, Women in Engineering, the Health and Wellness Showcase, Latina/o Family Day. Private events are not hosted during open rec hours, which is beneficial to both the groups and the users during open rec hours. One of the most important aspect of the wall are the changes in route setting; Adventure Rec has a dedicated group that rotates the routes about every 6 weeks.
- ❖ Adventure Recreation is also taking efforts to expand into local trips and to offer more opportunities to students. This has been done through

curriculum development, classes / training and trips / leadership. We have a solid relationship with the Kinesiology and RST departments, and we are developing a relationship with the Climbing Club.

3. Instructional Kitchen, Wellness Center – Janet Kroencke, Assistant Director of Wellness Services

- ❖ The Instructional Kitchen is used by about 3-6 different groups per week. Groups have included: wheelchair basketball, University Housing and International Spouses. Demos and classes have been provided – demos being shorter and free, classes are longer and have a small fee. We are exploring new options and cultural connections to create an overall package of ideas. Thus far, the demos and classes are marketed online and fliers are available to users; the problem is that the demos have been packed, but there are few that sign up for the classes. One reason for this may be the cost involved in attending the classes; we are studying the cooking classes' procedures to identify other reasons. For now, we are targeting groups as the primary users of the space.
- ❖ The goal of the Wellness Center is to bring groups together and make it easier show users – the current, primary focus is on students – what they each provide to “wellness.” Janet is the liaison between the wellness partners and Campus Recreation. There is current development of a Wellness Center Newsletter, which will allow focus on resources for students and faculty / staff. Moreover, resources are being collected from more diverse groups so that the Wellness Center can be a place for all users and will be a link to larger components. Current / previous actions by the Wellness Center are: Wellness Wednesdays, Breast Cancer Walk and bra decorating contest. Also, a Financial Wellness program is scheduled for January 2009.

4. Budget concerns in light of the economic slow down – Tessa Hile, Assistant Director of Financial Operations

- ❖ Campus Recreation is primarily funded by student fees, and therefore the Division needs to be a good steward of the money that it receives. There is a large effort to watch spending closely because the costs of operations should

be transparent to the students. Some current ideas that Campus Recreation is focusing on, include:

- The Green Plan – energy-efficient light bulbs, shutting off power strips at night, metering the building to monitor utility costs (to be completed by January 2009), using biodegradable cleaning supplies, turning off water heaters at night, going electronic with documents to save paper, etc.
- Coordinating work orders – to track them, take full advantage of the trades / F&S to help
- Strict approval for overtime
- Hefty purchasing policy – to monitor spending and manage costs; adjusting shipping methods are an easy way to reduce costs

5. Building updates – Gary Miller, Associate Director

- ❖ The final items to-be-completed do not impact users:
 - Roof over pool
 - Water drainage problem behind the ARC – an engineering firm is researching the drainage plain that Campus Rec is a part of
 - Fire doors – 3 weeks
 - Door positioning switches – large / costly project\
 - Way-finding signage – dispute with contractors; Campus Rec is now officially taking over that project
 - Security cameras – 68 in the building
 - Punch List – completion soon
 - MP6 floor replacement
 - PA system under review
 - Bicycle parking / bus stop relocation – move the bike parking permanently towards the East; there will be parking for 96 bicycles at one point and overflow parking will be available at the West end. The bus stop will be moved further west along Peabody and a crosswalk will be painted from the ARC to the other side of the street. The sheltered bus stop will be the West. Upon finishing changes with the bicycle

parking, we will be very forceful in the bike removal policy; there will be adequate signage to warn of the procedures, but this has to be done because there are significant ADA violations and problems that occur when bicycles are locked to the railings and benches.

6. Items to note – November meeting date Wednesday or Thursday??

- ❖ The final meeting of the semester will be the week before Fall Break. Based on the fact that people will be headed out of town, which day is preferred: Wednesday, November 19 or Thursday, November 20?
- ❖ PLEASE LET ME KNOW AS I WANT TO HAVE AS MANY MEMBERS ATTEND AS POSSIBLE. THANK YOU!