

Fiesta Mexicana

- 10.25.23 -

Recipe #1: Chicken Enchiladas

Servings: 4 Ingredients:

For the enchiladas:

- 1 1/2 cups chicken, cooked and shredded
- 2 cups enchilada sauce (see recipe below)
- 8 corn or flour tortillas
- 2 ½ cups shredded Mexican-blend cheese, divided into 1 cup and 1 ½ cups
- Salt and pepper to taste
- ½ cup cotija cheese, crumbled
- ½ cup chopped cilantro

For the enchilada sauce:

- 2 tbsp olive oil
- 2 tbsp all purpose flour
- 4 tbsp chili powder
- 1 tsp onion powder
- ½ tsp garlic powder
- ½ tsp salt
- 1/4 tsp ground cumin
- 1/4 tsp dried oregano
- 2 1/4 cups chicken or vegetable broth
- 2 tbsp tomato paste

Instructions:

For the enchilada sauce:

- 1. Heat the olive oil in a small pot over medium-high heat.
- 2. Add the flour and whisk together for 1 minute.
- 3. Add the chili powder, onion powder, garlic powder, salt, cumin and dried oregano and whisk together for 30 seconds.
- 4. Slowly pour in the broth while whisking constantly to make sure no big lumps form.
- 5. Add the tomato paste and whisk the enchilada sauce until completely smooth.



6. Bring to a simmer, remove from heat, and incorporate into enchiladas.

For the enchiladas:

- 1. Preheat oven to 350°F. In a large bowl, combine the shredded chicken, ¼ cup enchilada sauce and a generous pinch of salt and pepper. Mix together and taste. Season with more salt and pepper as needed.
- 2. <u>If using corn tortillas</u>: Wrap the tortillas in a damp paper towel and heat them in the microwave for 1 minute, flipping the them halfway through until all of them are warm and pliable. <u>If using flour tortillas</u>: Microwave the tortillas on a plate for 1 minute, flipping them halfway through until all of them are warm and pliable.
- 3. Assemble the enchiladas by filling each tortilla evenly with the shredded chicken mixture and 1 cup of shredded cheese. Roll the tortillas tightly to close and place in large baking dish seam side down.
- 4. Pour the remaining 1 ¾ cup enchilada sauce over the tortillas, top with the remaining 1 ½ cups shredded cheese, and bake for 20 minutes until the cheese is melted and bubbly.
- 5. Serve immediately and garnish with cotija cheese and cilantro.

Source: Isabeleats.com

Recipe #2: Homemade Guacamole

Servings: 20 tbsp Ingredients:

- 2 ripe avocados
- 1/4 onion finely chopped



- 1 jalapeno finely chopped
- 1/4 cup Cilantro finely chopped
- 1-2 teaspoons of lime juice
- salt to taste
- 1-2 tomato finely chopped

Instructions:

- 1. Peel the avocado and remove the core.
- 2. Mash the avocado in a blender or with a fork until it reaches your desired consistency.
- 3. Add the onion, jalapeno, cilantro and tomato and mix well.
- 4. Add lime juice and salt to taste.

Source MyLatinatable.com

Recipe #3: Homemade Baked Tortilla Chips

Servings: 6 Ingredients:

- 12 corn tortillas
- 1 tbsp vegetable oil or olive oil
- 1 tsp lime juice
- ½ tsp salt, to taste

Instructions:

- 1. Preheat oven to 375 degrees F.
- 2. Whisk together oil, lime juice and salt in a small bowl.
- 3. Brush oil mixture over both sides of each tortilla using a pastry brush.
- 4. Cut each corn tortilla into 4 or 6 triangles using a knife or pizza cutter.
- 5. Place tortilla triangles in a single layer on two large baking sheets. It's OK if some of them overlap slightly.
- 6. Bake in the preheated oven for 12-14 minutes if using a light baking sheet or 8-11 minutes if using a dark baking sheet.
- 7. You'll know the tortilla chips are done baking when they are crisp and golden.

Source: Evolvingtable.com



Recipe #4: Mexican Rice and Beans

Servings: 4 Ingredients:

- 2 tbsp olive oil
- ½ cup yellow onion, diced
- 1 large poblano pepper, diced
- 1 large clove garlic, minced
- 1 cup medium grain white rice, uncooked
- 2 tsp paprika
- 1 tsp ground cumin
- 1 tsp dried oregano
- ¼ tsp sea salt
- 1/8 tsp ground black pepper
- 2 tbsp tomato paste
- 2 cups chicken broth
- 15 oz can black beans, drained

Instructions:

- 1. Into a medium-size saucepan over medium-high heat, add olive oil. When the oil is hot, add the onion. and poblano pepper. Saute 3 minutes, until softened.
- 2. Add the garlic and continue sauteing an additional 1 minute.
- 3. Add the rice, paprika, ground cumin, dried oregano, sea salt, and ground black pepper. Stir to combine and coat the rice with oil.
- 4. Stir in the tomato paste. Continue cooking, stirring frequently, for 1 minute.
- 5. Add the vegan chicken-style broth and black beans. Bring to a boil then reduce heat to low.
- 6. Cover and simmer 20 minutes, until rice is tender.
- 7. Fluff rice with a fork and serve hot.

Source: Thiswifecooks.com



Servings: 20 Ingredients:

- 1 package butter recipe golden cake or yellow cake mix
- 3 large eggs, room temperature
- \(\frac{1}{3} \) cup 2\(\text{milk} \)
- ½ cup butter, softened
- 1 tsp vanilla extract

Topping:

- 1 can (14 oz) sweetened condensed milk
- 1 can (2 oz) evaporated milk
- 1 cup heavy whipping cream

Whipped Cream:

- 1 cup heavy whipping cream
- 3 tbsp confectioners sugar
- 1 tsp vanilla extract

Instructions:

- 1. Preheat oven to 350°. Grease a cupcake pan.
- 2. In a large bowl, combine cake mix, eggs, milk, softened butter and vanilla; beat on low speed 30 seconds. Beat on medium 2 minutes. Transfer the batter with a medium ice cream scoop to prepared pan.
- 3. Bake 15-20 minutes or until a toothpick inserted in center comes out clean. Cool in pan on a wire rack 20 minutes.
- 4. In a medium bowl, whisk topping ingredients until blended.
- 5. Once the cupcakes are done, using a skewer, generously poke holes in top of warm cupcakes.
- 6. Pour milk mixture slowly over cupcakes, filling holes. Put in the freezer for 20 minutes.
- 7. For the whipped cream: In a bowl, beat cream until it begins to thicken. Add confectioners' sugar and vanilla; beat until soft peaks form. Spread over cupcakes and serve.

Source: TasteofHome

