

University of Illinois
Division of Campus Recreation
Intramural Sports Program

Inline Hockey Tournament Rules

All Inline Hockey games will be played according to the 2005-07 Official Rules of USA Hockey InLine. League rules governing pre-game activities, exceptions to the USA Inline Rules, and points of emphasis are listed below.

I. Players

1. A team shall be composed of 5 players including the goalkeeper. You can only play on one team, regardless of gender restrictions. No team shall be allowed to start a game with less than 4 players, one of which MUST be the goalie.

2. One Captain shall be appointed by each team and only the Captain shall have the privilege of discussing with the Referee any matter relating to the interpretation of rules which may arise during the course of a game.

i. If the Captain is not available due to injury or penalty, another player may be designated to act as Captain.

3. All players must be current U of I students or Campus Recreation members in good standing.

4. Players may not wear jewelry unless it is a medical bracelet (which must be taped to person).

5. Team members should wear the same color jersey with a number on the back.

II. Equipment

1. All players must wear a helmet designed for hockey.

i. Face masks/shields are not required for players, but strongly recommended.

ii. Mouth guards are not required, but strongly recommended.

iii. Goalkeepers must wear face mask/shield that fully covers the face.

iv. In the event that a player enters play without a helmet, a minor penalty shall be assessed to that player. Additionally, this player cannot return to play until he/she is wearing a helmet.

2. All players and referees must wear skates, which should be designed for inline hockey with a maximum of five wheels. Brakes are optional.

i. The use of speed skates or any skate so designed that it may cause injury is prohibited.

ii. All skates must be equipped with indoor wheels and, if applicable, brakes.

3. Only white tape may be used on stick blades.

4. The following equipment is not required, but strongly recommended:

- i. Face mask/shield
- ii. Mouth guard
- iii. Athletic cup
- iv. Knee and shin protection
- v. Elbow pads
- vi. Protective hockey pants or padded girdle
- vii. Hockey gloves
- viii. Throat protector

5. Any Intramural staff has the authority to deem any equipment illegal.

III. Substitutions

1. Players may be changed at any time from the players' bench, provided that the player or players leaving the playing surface are completely off the floor before the change is made.
2. If, in the course of making a substitution, either player deliberately plays the puck while the retiring player is still on the playing surface, a bench minor penalty for "Too Many Players" shall be assessed.
3. A goalkeeper may be substituted for by a player or goalkeeper at any time during play.

IV. Injuries

1. When a player is injured or compelled to leave the playing surface during a game, the player may retire from the game and be replaced immediately by a substitute.
2. If a player is bleeding, play will be stopped immediately and player will not be permitted to return to play until the blood is cleaned and covered.

V. Duration of the Game

1. The game shall consist of two 15 minute halves. Halftime shall not exceed 3 minutes. This can be shortened if both Captains teams agree. The clock will be a running clock and will only stop for injuries and the LAST MINUTE of each half on all dead ball situations.
2. Each team shall be granted one 1-minute time-out per game. Time-out may only be called during a stoppage of play.
3. Mercy Rule – If a team is up by 7 or more goals at anytime in the second half. If a team is ahead by 3 or more goals with 2 minutes remaining in the second half, the game shall be over. If a team takes the lead by 3 goals during the final two minutes of the game, the game shall be over.
4. Overtime: If a game is tied at the end of regulation time the following will happen. Each team alternates taking five penalty shots. Players may not dribble the ball/puck or play the rebound. If after five penalty shots the game is still tied, one penalty shot will be taken on an alternating basis until and advantage is achieved. Each penalty shot in a shoot out must be taken by a different individual. If a team is short players they will be allowed to choose a player to take the fifth shot. The goalies must take shots during the overtime. A shooter has ten seconds in which to shoot the ball/puck after it is put in play by the official. No faking will be allowed. Once the shooter starts a motion towards the ball a shot must be attempted.

VI. Playing Rules

1. There will be no Icing calls during Inline hockey games.
2. There will be no Offsides calls during Inline hockey games.

VII. Penalties

1. Penalties shall be actual playing time and shall be divided into the following classes:
 - i. Minor Penalties
 - ii. Bench Minor Penalties
 - iii. Major Penalties

2. The penalty will start at the moment the ensuing face-off is conducted. If a penalty terminates during a stoppage of play, the penalized player shall not enter play until the ensuing face-off is conducted.

3. If the opposing team scores a goal while a team is shorthanded by one or more minor or bench minor penalties, the first of such penalties shall automatically terminate.

4. Specific definitions of penalties are found in the '05 – '07 Official Rules of USA Hockey In-Line, available at <http://www.usahockey.com/inline>

5. Inline Hockey is non-check. All players should avoid contact whenever possible. Intentional contact by one player into another will be viewed as roughing and a minor/major penalty will be assessed.

6. Minor Penalties

i. The offending player shall be ruled off the playing surface for two minutes, during which time no substitute shall be permitted.

ii. All minor penalties may, in the Official's judgment, be ruled as major penalties.

iii. Minor penalties include, but are not limited to:

1. Unsportsmanlike conduct
2. Shooting puck after whistle
3. Holding
4. Hooking
5. Slashing
6. Interference
7. Interfering with goalkeeper in crease
8. Stick contact with goalkeeper
9. Tripping
10. Roughing (including Checking)
11. High-sticking

7. Bench Minor Penalties

i. One player of the penalized team shall be ruled off the playing surface for two minutes, during which time no substitute shall be permitted. Any non-penalized player, other than a goalkeeper, may be designated to serve the penalty by the Captain.

ii. Bench minor penalties include, but are not limited to:

1. Not enough players
2. Too many players
3. Illegal entry from penalty bench
4. Refusing to start play

8. Major Penalties

i. The offending player shall be ruled off the playing surface for five minutes, during which time no substitute shall be permitted.

ii. The major penalty may be cause for the removal of that player for the remainder of the game.

iii. If the offending player is ejected, his/her team will place another player in the box to serve the time.

iv. Major penalties include, but are not limited to:

1. Boarding
2. Charging

3. Checking from behind
4. Cross-checking
5. Elbowing/kneeing
6. High sticking with the intent to injure
7. Fighting
8. Unsportsmanlike Conduct