

## **Bobbi Hein Professional Interns with Campus Recreation** *2004-present*



**Stephanie Gross**  
*2004-2005*

Gross, a nutrition major, was the first Campus Recreation intern, coming on board after two years as a Campus Rec student employee. She spent her year working on the committee in charge of hiring student directors, working with the newly established Culture of Wellness Committee, and taking on a variety of other projects throughout the year.

She found working as an intern an “extremely rewarding experience, and really appreciated the fact that overall wellness is an overriding concept that Campus Recreation promotes to all its users.” She realized through the internship that “Campus Recreation is constantly working to supply its users with the newest equipment, classes, and experiences that facilitate this, and through my work with the division I was able to play an integral role in this process.” Working with Tony was another highlight of her experience, “I found a great mentor, who instilled skills in me that I will use throughout my life.”

The internship allowed her to spend her senior year doing something that she felt really made an impact on Campus Recreation while it impacted her and better prepared her for her future. Gross, pursuing her passion of wellness, is currently attending the Palmer Chiropractic School in Iowa.



**Leslie Sutton**  
*2005-2006*

Starting in August 2005, Sutton, a senior in psychology, quickly found the internship to be very beneficial to her professional growth. She realized that this internship differs from other undergraduate experiences one can find on campus in three ways. First, the work is meaningful, “it is researching, creating, or compiling things of value to the professional staff.” Secondly, the professional staff has faith in the intern. “When a task is given, specific directions didn’t necessarily accompany it...it is an excellent lesson in creativity.” Finally, the internship is an “opportunity to observe firsthand the leadership of an organization, and to be a part of it.”

Sutton took on roles in the Culture of Wellness Committee as part of the Walk toward Wellness committee, as well as the Campus Recreation Advisory Committee, planning and organizing the meetings. In addition to her roles on these two committees, Sutton did a great deal of research on other recreational facilities and what they offer, and preliminary research on implementing incentives with insurance providers for staff to use Campus Recreation facilities, and possible themes to these incentives.

Ultimately, the internship was an experience that allowed Sutton to see effective organizational leadership, learn from it, and apply it to her life. She is currently attending graduate school at the University of Illinois focusing on nutrition.



**Katie Gedmin**  
*2006-2007*

Only two months into the internship, Gedmin has already learned so much about the inner workings of a successful organization. Through working with professional staff and simply watching them, she has gained insight on how and why businesses are successful.

The combination of working with Tony on projects and working independently has allowed Katie to grow professionally. She has utilized Tony's experience and guidance while also developing her own creativity. She is particularly enjoying "watching IMPE come together, and learning all about what it actually entails to build a new recreation facility. From start to finish, the process is fascinating, and it is going to yield phenomenal results!"

Currently a junior studying speech communication, Gedmin looks forward to working with the Campus Recreation Advisory Committee, the Culture of Wellness Committee, and the Campus Recreation professional staff to learn as much as she can this year.